



## **West Cary Family Physicians**

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### **Preventive Care Visits**

#### **What is a Preventive Care Visit?**

A preventive care visit, sometimes called a routine check-up, is different than an office visit scheduled to discuss a specific medical problem. You usually would see your doctor for a preventive care visit when you feel healthy. It may include services such as a routine physical exam, certain health screenings, immunizations, counseling on staying healthy, and other preventive services.

#### **Do I have to pay a copayment or deductible for a Preventive Care Visit?**

Many health plans do not require a copayment, deductible, or coinsurance for visits during which only preventive services are provided. Your insurance might have limitations on how often you can have a preventive care visit, so please check with your insurance company regarding your preventive care benefits.

#### **What if I have symptoms or chronic problems to discuss at the Preventive Care Visit?**

Note that at preventive care visits, if you have symptoms that need to be evaluated or chronic diseases/conditions that require additional evaluation and management, the visit is considered a diagnostic visit, and you will most likely be required by your insurance company to pay a copayment, deductible, or coinsurance.

We sometimes will combine a preventive care visit and diagnostic visit at the same visit, if time permits, so that you do not have to come back for a second separate visit in order to have any problems addressed. In these cases, your insurance decides if there are any required copayments, deductibles, or coinsurances applicable to that visit, based on federal laws and your contract with your insurance company.